

SUPPLIES

- 16 ounces of cream cheese, softened
- 1 (8 ounce) tub of whipped cream
- 1 cup of caramel sauce ice cream topping
- White chocolate chips (use as a garnish)
- Apples

KITCHEN TOOLS

- Knife
- Cutting board
- Bowl
- Spoon

Serving Size: 1 scoop of dip and 6 slices of apple. One recipe serves around twelve kids.

Dig In Rubble Dip

PF

GF

STEPS

- Mix together cream cheese, whipped topping, and caramel sauce.
- Wash and slice apples.
- Sprinkle white chocolate chips on top of dip before serving.

TIPS

- Keep apples from turning brown by soaking sliced apples in ginger ale or lemon juice.
- If serving to preschoolers, peel and cut apples into thin bite-size slices.

OPTIONS

- Use disposable nacho trays to serve apples and the dip.

JESUS!
OUR STRONG
FOUNDATION!

MEASURE UP BROAD JUMP

Prep

- Caution tape to designate a starting line
- Retractable measuring tape to measure the jumps

Play

- Ask the kids to line up behind the caution tape.
- Create teams of five to six kids.
- After each kid jumps, use the tape to measure the distance.
- Add up each team's distances for points. The team with the most points wins.
- Play again as time permits.

Suggestions

- If your church has a sand area, do the jumps there.